

Denbigh Christian Academy Menu

April 8 - 12, 2019

	BREAKFAST	AM SNACK	LUNCH	PM SNACK
Monday	Pancakes 1/4 - 1/2 Cup apple sauce Cereal (Optional) 6 oz. 1% Milk (8 oz for ages 6-12)	1 Graham Cracker 4 oz 1% Milk (8 oz for ages 6-12)	1 1/2 oz Hamburger Patty 1 Whole Wheat Bun 1/4 cup Tater Tots 1/4 cup Applesauce 6 oz. 1% Milk (ages 6-12 8 oz)	1 (.78 oz) Bar Rice Krispy Treat 4 oz 1% Milk (8 oz for ages 6-12)
Tuesday	1/4 - 1/2 cup Oatmeal 1/4 - 1/2 Cup Peaches Cereal (Optional) 6 oz. 1% Milk (8 oz for ages 6-12)	1/4 cup Apple Slices 4 oz. Water (8 oz for ages 6-12)	1 1/2 Popcorn Chicken 1/4 cup Peas 1/4 cup Mandarin Oranges 6 oz. 1% Milk (ages 6-12 8 oz)	2 Oatmeal Cookies 4 oz 1% Milk (8 oz for ages 6-12)
Wednesday	Bagels & Cream Cheese 1/4 - 1/2 Cup Pears Cereal (Optional) 6 oz. 1% Milk (8 oz for ages 6-12)	1/4 cup Chex Mix 4 oz 1% Milk (8 oz for ages 6-12)	1 1/2 Turkey Frank Hot Dog 1 Whole Grain Bun 1/4 cup Baked Beans 1/4 cup Tropical Fruit 6 oz. 1% Milk (ages 6-12 8 oz)	1 Chocolate Chip Granola Bar 4 oz 1% Milk (8 oz for ages 6-12)
Thursday	1/4 - 1/2 cup Grits 1/4 - 1/2 cup Orange Slices Cereal (Optional) 6 oz. 1% Milk (8 oz for ages 6-12)	1/4 cup Sliced Cheddar Cheese and crackers 4 oz Water (8 oz for ages 6-12)	1 1/2 oz Mac & Cheese 1 slice Whole Wheat Bread 1/4 cup Green Beans 1/4 cup Pears 6 oz. 1% Milk (ages 6-12 8 oz)	1 Graham Crackers 4 oz 1% Milk (8 oz for ages 6-12)
Friday	French Toast 1/4 - 1/2 Cup Mixed Fruit Cereal (Optional) 6 oz. 1% Milk (8 oz for ages 6-12)	1/4 cup Orange Slices 4 oz 1% Milk (8 oz for ages 6-12)	2 Slices Ham 2 slices Whole Wheat Bread 1/4 cup Corn 1/4 cup Peaches 6 oz. 1% Milk (ages 6-12 8 oz)	1/4 cup Cheese-It Crackers 4 oz 10 % 4 oz Apple Juice (8 oz for ages 6-12)