

# Denbigh Christian Academy Menu

**May 13 - 17, 2019**

	<b>BREAKFAST</b>	<b>AM SNACK</b>	<b>LUNCH</b>	<b>PM SNACK</b>
<b>Monday</b>	French Toast 1/4 - 1/2 cup Apple Sauce Cereal (Optional)  6 oz. 1% Milk (8 oz for ages 6-12)	1/4 cup Orange Slices  4 oz 1% Milk (8 oz for ages 6-12)	1 1/2 oz Beef Pattie w/Gravy 1/4 Mashed Potatoes 1/4 Cup Tropical Fruit 1 Whole Wheat Roll  6 oz.1% Milk (ages 6-12 8 oz)	Oatmeal Cookies  4 oz 1% Milk (8 oz for ages 6-12)
<b>Tuesday</b>	1/4 -1/2 cup Cheese Grits 1/4 - 1/2 Cup Peaches Cereal (Optional)  6 oz. 1% Milk (8 oz for ages 6-12)	1/4 cup Carrots & Ranch Dressing  4 oz 1% Milk (8 oz for ages 6-12)	1 1/2 oz BBQ Chicken 1 Whole Wheat Roll 1/4 cup Carrots 1/4 cup Applesauce  6 oz.1% Milk (ages 6-12 8 oz)	Nutri Grain Bar  4 oz 1% Milk (8 oz for ages 6-12)
<b>Wednesday</b>	Bagel & Cream Cheese 1/4 - 1/2 Cup Apple Slices Cereal (Optional)  6 oz. 1% Milk (8 oz for ages 6-12)	1/4 cup Pretzels  4 oz 1% Milk (8 oz for ages 6-12)	Cheese Pizza 1/4 cup String Beans 1/4 cup Pineapples  6 oz.1% Milk (ages 6-12 8 oz)	Cinnamon & Brown Sugar Oatmeal Squares  4 oz 1% Milk (8 oz for ages 6-12)
<b>Thursday</b>	Whole Wheat Toast 1/4 - 1/2 Cup Pears Cereal (Optional)  6 oz. 1% Milk (8 oz for ages 6-12)	Teddy Graham Crackers  4 oz 1% Milk (8 oz for ages 6-12)	1 1/2 oz Dinosaur Chicken 1/4 cup Peas & Carrots 1/4 cup Fruit Cocktail Whole Wheat Bread  6 oz.1% Milk (ages 6-12 8 oz)	1/4 - 1/2 cup Jello Fruit Cup  4 oz 1% Milk (8 oz for ages 6-12)
<b>Friday</b>	1/4 - 1/2 Cream of Wheat 1/4 - 1/2 Cup Mixed Fruit Cereal (Optional)  6 oz. 1% Milk (8 oz for ages 6-12)	1/4 cup Orange Slices  4 oz 1% Milk (8 oz for ages 6-12)	Cheese Sandwich on Whole Wheat Bread 1/4 cup Broccoli & Carrots 1/4 cup Pears  6 oz.1% Milk (ages 6-12 8 oz)	1/4 cup Goldfish  4 oz 100% Apple Juice (8 oz for ages 6-12)